

PROFESSIONAL DISCLOSURE STATEMENT

Philosophy and Approach: Generally speaking, I come from a family systems approach to counseling. A systemic approach assumes that a person's difficulties are best understood within the context of the different "systems" they are involved in – family, work, etc. Most problems are not "within" a person, but rather are "between" people. I welcome your questions about our work together.

Formal Education and Training: I have a Doctor of Philosophy (Ph.D.) in Marriage and Family Therapy from St. Louis University in St. Louis, Missouri. I have been a practicing clinician for over a decade. I currently work full-time as an Assistant Professor of Marriage and Family Therapy at George Fox University. I am an Oregon Licensed Marriage and Family Therapist (License #T1004). If you have any questions about my background or experience, please ask.

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapists, I abide by its Code of Ethics. To maintain my license I am required to participate in continuing education, take classes dealing with subjects relevant to this profession.

Fees: The fee for a typical 50-minute session is \$130, with sessions being billed in ½ hour increments thereafter. I provide counseling on a fee-for-service basis. *Fees are payable at the time that services are rendered. If you wish to discuss a written agreement that specifies an alternative payment procedure, please do so prior to session.* If for some reason you find that you are unable to continue paying for your therapy, please inform me and I will help you consider any options that may be available to you at that time. There is no charge for calls of less than 10 minutes. The charge for calls of 10 minutes or more will be billed in ½ hour increments of my fee for services. I do not accept insurance at this time. Many insurance companies will reimburse their clients if they submit a receipt for services rendered.

Confidentiality: All information discussed in therapy is confidential. I must have your permission before I can/will disclose any information concerning your treatment, except under the following circumstances: I am obliged by law to disclose information concerning your treatment if 1) I have clear evidence that you are a danger to yourself or others, 2) you tell me about an incident of child, elder or vulnerable adult abuse by yourself or someone else that indicates that a child, elder, or vulnerable adult might be in current danger, 3) if there is a court order for me to either appear in court, or to produce a client's chart.

As a client of an Oregon licensee, you have the following rights:

- To expect that a licensee has met the qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule or law, with the following expectations: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting suspected elder or vulnerable adult abuse; 4) Reporting information required in court proceedings or by your insurance company, or other relevant

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LICENSED MARRIAGE AND FAMILY THERAPIST, LICENSE #T1004

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agencies; 5) Providing information concerning licensee case consultation or supervision; and 6) Defending claims brought by you against me;

- To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

Emergencies: If you need to contact me urgently between sessions, please call me at 503-974-6563. If you are unable to reach me when you feel the need for emergency help, please call the Washington County Crisis Line at 503-291-9111 or 911. I welcome any questions you may have regarding these policies or the therapeutic process in general.

About the Therapy Process: It is my intention to provide professional services that will assist you in reaching your goals. Based upon the information that you provide to me and the specifics of your situation, I will provide recommendations to you regarding your treatment. I believe that therapists and clients are partners in the therapeutic process, so if you are not happy with the services received, it is your responsibility to make that known so we can discuss any hindrances to your progress. I will also periodically initiate discussions about the progress of treatment. Due to the varying nature and severity of problems and the individuality of each client, I am unable to predict the length of your therapy or guarantee a specific outcome or result.

You may contact the Board of Licensed Professional Counselors and Therapists at
3218 Pringle Road SE, #250, Salem, OR 97302-6312 Telephone: (503) 378-5499
Email: lpct.board@state.or.us Website: www.oregon.gov/OBLPCT

For additional information about this counselor or therapist, consult the Board's website.

**My office is located at
12570 SW 69th Avenue
Portland, OR 97223**

I have read and understood these policies, and have received my own copy of this Disclosure Statement and Notice of Oregon Client Bill of Rights.

Client Signature

Date

Printed Name

Client Signature

Date

Printed Name